

**Formative Years**

1. How do you feel about the following statement: "I rely on my friends."
  - Strongly agree  Agree  Neutral  Disagree  Strongly disagree
2. How do you feel about the following statement: "I am emotionally self-sufficient."
  - Strongly agree  Agree  Neutral  Disagree  Strongly disagree
3. How many close female friends did you have growing up?  None  A few  Many
4. How many close female friends do you have now?  None  A few  Many
5. How many close male friends did you have growing up?  None  A Few  Many
6. How many close male friends do you have now?  None  A Few  Many
7. Please indicate whether you are more likely to talk with a female friend (F), a male friend (M), both (B), or neither (N) about each of the following topics:
  - a. Frustrations in the work place:  F  M  B  N
  - b. Prioritizing competing demands on your time:  F  M  B  N
  - c. Politics:  F  M  B  N
  - d. Sex:  F  M  B  N
  - e. Relationship issues:  F  M  B  N
  - f. Money issues:  F  M  B  N
  - g. Children:  F  M  B  N
  - h. Emotional troubles:  F  M  B  N
  - i. Your failures:  F  M  B  N
  - j. Your successes:  F  M  B  N
8. On a scale of 1 ("Not at all") to 5 ("Extremely") how competitive do you feel with your:
 

a. Male friends <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	e. Siblings <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
b. Female friends <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	f. Colleagues <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
c. Partner <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	g. Children <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
d. Parents <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	
9. On a scale of 1 ("None at all") to 5 ("A great deal"), how much jealousy have you experienced from:
 

a. Male friends <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	e. Siblings <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
b. Female friends <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	f. Colleagues <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
c. Partner <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	g. Children <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
d. Parents <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5	

**Adult Arrangements**

10. Have you ever been divorced or left any other long-term committed relationship?  Yes  No
11. If yes, how many? \_\_\_\_\_

12. What were the main factors that led to the break-up(s)?

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13. Are you currently in a relationship?  Yes  No

**If yes, please proceed to Question 24. If no, please continue here.**

14. On a scale of 1-5 (with 5 indicating greatest satisfaction), how happy are you with your current level of sexual activity?  1  2  3  4  5

15. Are you looking to have a relationship?  Yes  No

16. If no, which of the following factors contributed to your decision to remain single? (Please check all that apply.)

- a.  Desire to maintain personal independence
- b.  Too busy to factor “relationship time” into your life
- c.  Preference for no relationship at all over a bad one
- d.  Scarcity of appropriate partners
- e.  Enjoyment of the single life
- f.  Desire to have multiple partners
- g.  Freedom from monogamous commitment
- h.  Previous negative romantic experience
- i.  Other (please specify): \_\_\_\_\_

17. If yes, which of the following factors do you feel are significant obstacles? (Please check all that apply.)

- a.  Lack of opportunities to meet available partners
- b.  Lack of time to devote to “dating”
- c.  Scarcity of appropriate partners
- d.  Other (please specify): \_\_\_\_\_

18. From whom do you derive most emotional support? (Please check all that apply.)

- a.  Friends
- b.  Family
- c.  Mentor
- d.  Colleagues
- e.  Therapist or other professional
- f.  Other (Please specify): \_\_\_\_\_

19. Are you a parent?  Yes  No
20. If not, would you like to be?  Yes  No
21. Would you be prepared to parent as a single woman?  Yes  No
22. How do you feel about the following statement: "Society puts pressure on women to form romantic partnerships."  Strongly agree  Agree  Neutral  Disagree  Strongly disagree
23. How do you feel about the following statement: "Society puts unhealthy pressure on women to form romantic partnerships."  Strongly agree  Agree  Neutral  Disagree  Strongly disagree

**If you are not in a long-term partnership, please skip to Question 31.**

24. Are both of you highly career-oriented individuals?  Yes  No
25. If yes, is this a source of conflict/tension?  Yes  No
26. On a scale of 1 -5 (with 5 indicating greatest satisfaction), how happy are you with the division of household management within the relationship?  1  2  3  4  5
27. On a scale of 1-5 (with 5 indicating greatest satisfaction), how happy are you with the level of support your partner provides for your career?  1  2  3  4  5
28. On a scale of 1-5 (with 5 indicating greatest satisfaction), how happy are you with the level of sexual activity in your relationship?  1  2  3  4  5
29. If you are, or have previously, been married, which of the following categories best explains your reasons for doing so? (Please check all that apply.)
- a.  Religion    b.  Respect for tradition    c.  Expectation of parent(s)
- d.  Expectation of spouse    e.  Considered it an act of affirmation/celebration
- f.  Considered it an important first step towards beginning a family
- g.  Considered it the natural evolution of a committed partnership
- h.  To create a legally recognized protective union
- i.  Other (please specify): \_\_\_\_\_
30. Did you take your partner's name when you married?  Yes  No

**If you do not have children, please skip to Question 49.**

31. If you have children, what surname do they have?  Your name  Their father's name  A combination name  A hyphenated name  Other: \_\_\_\_\_
32. How old were you when you had your first child?
- Younger than 18  18-22  22-30  30-35  36-40  41+
33. How old was his/her father?
- Younger than 18  18-22  22-30  30-35  36-40  41-50
- 51-60  61-70  70+
34. Have you ever adopted a child?  Yes  No

- 35. Have you become a parent through surrogacy, IVF or other assisted means?  Yes  No
- 36. Did your professional objectives affect the number of children you chose to have?  Yes  No
- 37. If you were working when you had kids, how much maternity leave did you take?  
 None  A few days  1-2 weeks  3-4 weeks  1 month  
 2 months  3-6 months  6+ months  Did not go back to work
- 38. If he was working when you had children, how much paternity leave did your partner and/or their father take?  
 None  A few days  1-2 weeks  3-4 weeks  1 month  
 2 months  3+ months  Did not go back to work
- 39. Did the choice to take maternity leave affect your professional status?  Yes  No
- 40. Did you breast-feed your children?  Yes  No
- 41 a. Did having children affect your lifestyle choices?  Yes  No

b. If yes, in what ways?

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- 42 a. Did having children affect your partner's lifestyle choices?  Yes  No

b. If yes, in what ways?

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- 43. Have you limited or turned down any career opportunities because of your children?  Yes  No

- 44. Has your partner turned down any career opportunities because of your children?  Yes  No

- 45. When bringing up your children, did you ever use...

a. Public daycare?  Yes  No    b. A nanny?  Yes  No

c. Family Support  Yes  No    d. Other paid support: \_\_\_\_\_

- 46. Have you ever found it harder to get promoted or recognized at work...

a. Because you are a woman?  Yes  No

b. Because you have decided to have children (if you did decide to have children)?  Yes  No

47 a. Do any of your children have a physical or mental disability?  Yes  No

b. If yes, please describe your experience and how this has affected your life and decision-making:

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48. Have you discovered any creative parenting solutions that have worked for you and that might work for other women? If so, please describe:

a. **Private Sector Solutions:**

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b. **Public Sector Solutions:**

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**Work**

49. How do you feel about the following statement: "I love my job."

- Strongly agree  Agree  Neutral  Disagree  Strongly disagree

50. Does your work define you?  Completely  Somewhat  Not at all

51. Does it satisfy you:

- a. Financially?  Completely  Somewhat  Not at all
- b. Intellectually?  Completely  Somewhat  Not at all
- c. Emotionally?  Completely  Somewhat  Not at all

52 a. Is there a dissonance between your work life and your inner values?  Yes  No

b. If yes, please describe it:

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53. What were your primary motivations for choosing your career? (Please check all that apply)
- a.  Financial stability
  - b.  Intellectual stimulation
  - c.  Life passion
  - d.  Suited your skill sets
  - e.  Pressure from parents
  - f.  Chance/luck
  - g.  Other (please specify): \_\_\_\_\_
54. How do you feel about the following statement: "I am frequently conscious of being female in my place of work."
- Strongly agree  Agree  Neutral  Disagree  Strongly disagree
55. How do you feel about the following statement: "I have used my gender to my advantage in the workplace."
- Strongly agree  Agree  Neutral  Disagree  Strongly disagree
56. How do you feel about the following statement: "I have used sex appeal to my advantage in the workplace."
- Strongly agree  Agree  Neutral  Disagree  Strongly disagree
57. How do you feel about the following statement: "I have been discriminated against because of my gender."
- Strongly agree  Agree  Neutral  Disagree  Strongly disagree
58. How often do you feel pressure in your office to...
- a. Adopt "masculine" traits?  Never  Rarely  Sometimes  Often
  - b. Remain quiet about gender discrimination?  Never  Rarely  Sometimes  Often
  - c. Be physically attractive?  Never  Rarely  Sometimes  Often
  - d. Downplay your ambition?  Never  Rarely  Sometimes  Often
  - e. Ignore sexist jokes?  Never  Rarely  Sometimes  Often
  - f. Yield to the opinions of male colleagues?  Never  Rarely  Sometimes  Often
  - g. Communicate in a manner less confrontational than your male colleagues?  
 Never  Rarely  Sometimes  Often
59. Have you ever been fired?  Yes  No
60. a. Have you ever worked out of your home?  Yes  No
- b. If yes, was this decision motivated by a desire to balance career and family?  Yes  No
- c. On a scale of 1 ("Not at all") to 5 ("Extremely"), how satisfied are you with this decision?  
 1  2  3  4  5
61. Would you currently describe yourself as a "workaholic?"  Yes  No
62. a. Would this ever have been a fair description of you?  Yes  No
- b. During what period of your life? \_\_\_\_\_

### Money

63. Do you have as much money as you need to have?  Yes  No
64. Do you have as much money as you want to have?  Yes  No
65. Do you work primarily to support your lifestyle?  Yes  No

- 66. In general, do you have more, less, or the same amount of disposable income as your friends?  
 Much less  Less  The same  More  Much more
- 67. How do you feel about the following statement: "I am wealthy."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
- 68. What is your approximate annual total household income in USD? \_\_\_\_\_
- 69. What is your annual income as a percentage of your annual total household income?  
 0%  1-25%  26-40%  41-59%  60-75%  76-99%  100%

**Activism**

- 70. How do you feel about the following statement: "I have 'fought the world's fight'."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
- 71. What does "fighting the world's fight" mean to you? And are you interested in fighting it?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 72. How do you feel about the following statement: "I have made a positive difference to society."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree

- 73. What are some of the things you've done that you are most proud of?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 74. a. Have you ever run for public office?  Yes  No  
b. If not, would you ever consider doing so?  Yes  No  
c. If so, were you ever elected?  Yes  No
- 75. Have you ever been appointed to political or judicial office?  Yes  No

76. Many more male Rhodes Scholars than female Rhodes Scholars have been elected and/or appointed to public office. Why do you think this is?

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77. a. Do you believe that women with backgrounds similar to yours are less likely than men to be interested in pursuing traditional positions of power?  Yes  No

b. Why? Why not?

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78. a. Are you active in any women's groups?  Yes  No

b. If yes, what types?

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79. Do you consider yourself to be a feminist?  Yes  No

80. What does it mean to you to be a feminist?

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### Success

81. Which of the following figures most prominently in your definition of "success?" (Please check all that apply)

- a.  Power b.  Money c.  Influence d.  Being famous e.  Making a big impact  
 f.  Being at the top of a hierarchy g.  Being a leader in your local community  
 h.  Being respected as a leader in your profession i.  Being inwardly satisfied  
 j.  Having a fulfilling life-partnership k.  Having children who are proud of you  
 l.  Having a partner who is proud of you m.  Raising children you are proud of  
 n.  Other: \_\_\_\_\_

82. Do you think that your definition of "success" is influenced by your gender?  Yes  No

83. Do you think that a man in your position would have a similar view?  Yes  No

84. Do you consider yourself successful?  Yes  No

85. How do you feel about the following statement: "I am consciously scripting my own life."

- Strongly agree  Agree  Neutral  Disagree  Strongly disagree

**Mental and Physical Health**

86. How do you feel about the following statement: "My life is unrelentingly stressful."

- Strongly agree  Agree  Neutral  Disagree  Strongly disagree

87. What strategies have you developed, over time, to cope with stress?

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88. When did you experience the most stress in your life? (Please check all that apply)

- a.  Childhood b.  Pre-teen years c.  High school d.  College  
e.  Post-graduate f.  In your twenties g.  Your thirties h.  Later

89. What are the main sources of stress in your life? (Please check all that apply)

- a.  Work b.  Your partner c.  Your children d.  Other family members e.  Money  
f.  Time management g.  Health issues h.  Sex issues i.  Unmet expectations j.  Other:

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90. Have you ever suffered from any of the following: (Please check all that apply.)

- a.  Depression b.  Mania c.  Anxiety disorders d.  Panic attacks  
e.  Obsessive-Compulsive Disorder f.  Chronic fatigue

91 a. Have you ever been diagnosed with a mood disorder? If so, which one?

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b. Did you agree with the diagnosis?

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92. Have you ever had an eating disorder?  Yes  No

93. Have you ever had an abortion?  None  Single  Multiple

94. Have you ever had a miscarriage?  None  Single  Multiple

95. Have you ever had IVF Treatment?  Yes  No

96 a. Do you have a physical disability?  Yes  No

b. If so, in what ways does it affect your lifestyle?

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97. Have you ever had any other illnesses or health issues that have defined you and/or your life?

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98. Have you ever been a victim of domestic abuse?  Yes  No

99. Have you ever been sexually assaulted?  Yes  No

100. Have you ever been raped?  Yes  No

101. How important is physical appearance to you?

- Extremely important  Very important  Neither important nor unimportant  
 Not very important  Not at all important

102. Have you ever had cosmetic surgery?  Yes  No

103. If yes, on a scale of 1 ("Not at all") to 5 ("Extremely"), how satisfied are you with the decision you took?

- 1  2  3  4  5

104. How would you describe your level of security in your own physical appearance?

- Very secure  Secure  Neutral  Insecure  Very insecure

105. How self-confident are you?

- Very secure  Secure  Neutral  Insecure  Very insecure

106. How self-confident do other people think you are?

- Very secure  Secure  Neutral  Insecure  Very insecure

### Sex

107. On a scale of 1 ("Not at all") to 5 ("Extremely"), how important is sex to you?

- 1  2  3  4  5

108. What word or phrase would you use to describe your sexual orientation?

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109. What does that word or phrase mean to you?

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110. Has it always applied to you?  Yes  No

111. If not, how have you described your sexual orientation previously? \_\_\_\_\_

112. Have you ever encountered homophobia?  Yes  No

113. Whatever your sex life consists of, how fulfilling is it for you on a scale of 1-5 (with 5 being most fulfilling)?  
 1  2  3  4  5
114. How many sexual partners have you had?  
a. Male:  0  1  2-5  6-10  11-20  21+  
b. Female:  0  1  2-5  6-10  11-20  21+
115. How do you feel about the following statement: "Monogamy is very important to me."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
116. How do you feel about the following statement: "The freedom to have a variety of sexual partners is very important to me."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
117. When in relationships, how monogamous are you?  
 Always  Mostly  Sometimes  Never

### Beliefs and Opinions

- 118 a. Do you consider yourself a spiritual person?  Yes  No  
b. If yes, what does that mean to you? \_\_\_\_\_
119. Do you consider yourself an atheist?  Yes  No
120. Do you consider yourself an agnostic?  Yes  No
- 121 a. Are you affiliated with an organized religion?  Yes  No  
b. If yes, which one? \_\_\_\_\_  
c. How often do you attend a place of worship?  
 Never  Only on major holidays  Once a month  Once a week  2+ times a week  
d. If you have children, are you raising them in a religious tradition?  Yes  No
122. If religion is an important part of your life, has it become more prominent as you have grown older?  
 Yes  No
123. Do your religious or spiritual beliefs significantly inform your concept of gender roles?  Yes  No
- 124 a. Do you identify with any political party in your country?  Yes  No  
b. Which one(s)? \_\_\_\_\_
125. Are you active in any political groups?  Yes  No
126. In your opinion, abortion should be ... (Please check any that apply):  
a.  Up to the mother in all circumstances  
b.  Illegal in all circumstances  
c.  Legal only to save the life of the mother  
d.  Legal if the foetus has serious abnormalities  
e.  Legal up to 24 weeks

- f.  Other (Please specify):

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127. How do you feel about the following statement: "Same-sex marriages should be legal."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
128. How do you feel about the following statement: "Voluntary euthanasia should be legal."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
129. How do you feel about the following statement: "The 2003 invasion of Iraq was justified."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
130. How do you feel about the following statement: "Women should be allowed to be religious leaders."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree

### Goals/Rhodes Experience

131. How much have you achieved of what you would like to achieve?  
 Almost everything  Most things  Some things  Not many things  Almost nothing
132. What would you like to achieve that you haven't yet achieved?

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133. How do you feel about the following statement: "I have lived life richly and fully."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
134. How do you feel about the following statement: "My Rhodes Scholarship has strongly defined the person I am today."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
135. How do you feel about the following statement: "If I were able to live my life again, I would still apply for a Rhodes Scholarship."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree
136. How do you feel about the following statement: "As Rhodes originally intended, my Rhodes Scholarship has made me a more effective leader."  
 Strongly agree  Agree  Neutral  Disagree  Strongly disagree